

Hampton Primary School

Working Together, Achieving Together



Executive Headteacher: Ms Y Nunn BA (Ed) Hons NPQH

Fitzgerald Avenue
Herne Bay
Kent
CT6 8NB

Dear Parent / Guardian,

We are delighted to be able to offer all of the Year 6 children a chance to complete the Bikeability training course level 1+2, **completely FREE OF CHARGE**, within the school day and be able to provide the children with a bike and helmet should they require one.

Course date: **WEDNESDAY 6th - FRIDAY 22nd NOVEMBER 2024** (dates of when your child will need to bring their bike will be confirmed nearer the time)

WHAT IS BIKEABILITY? Bikeability is the national cycle training programme supported and partly funded by the Department for Transport. The course builds the skills and confidence of children who can already ride. Bikeability can not only make children better cyclists - potentially for the rest of their lives - but can help with general confidence and independent thinking. All of our Bikeability training is delivered by The Canterbury Bike Project with qualified, professional, DBS checked National Standard Instructors. Visit www.bikeability.org.uk for more information.



HOW TO BOOK: Training places are funded by The Canterbury Schools Games Partnership and The Canterbury Bike Project. Please complete the reply slip below if you wish for your child to take part.

The Canterbury Bike Project is supported by Kent County Council through the Canterbury Youth Commission. This ongoing support enables us to ensure all young people can access Bikeability. As part of this additional funding, we need to provide data (which is the information on the consent form) to KCC. Please follow the link to see how KCC will use your data:

<https://www.kent.gov.uk/about-the-council/information-and-data/access-to-information/gdpr-privacy-notice/integrated-childrens-services/early-help>

During the training course helmets must be worn at all times, they will not be able to take part if they do not wear one. If your child needs to borrow a helmet, please indicate on the consent form.

There are spare bicycles and helmets available, please let us know if your child would like to use this equipment.

All bicycles will be inspected prior to the delivery of the course. If your child's bicycle is deemed unsafe by our instructors, a spare bicycle will be made available.

Email: office@hampton.kent.sch.uk | www.hampton.kent.sch.uk | www.facebook.com/hamptonprimaryschool | twitter: @hamptonupdates | Tel: 01 227 372 159

Registered in England and Wales (as a Company Limited by Guarantee No. 7966182, Registered Office as above)



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You can check the condition of your child's bicycle by following our short guide below:

1. Squeeze both tyres. If necessary, inflate until they are hard.
2. Apply the front brake. It should stop the bike when pushed forward.
3. Apply the rear brake. It should stop the bike when pulled backward.
4. The chain should move freely between the gears (on a bike with gears) and not jump off. It should be properly lubricated and not rusty.
5. Hold the front wheel between your legs and try to turn the handlebars. They should not move side to side.
6. Wheels, pedals and seat should be firmly secured.
7. When sat on the bike, your child should be able to place balls of both feet on the ground. The seat should be at or below the maximum height mark.

The course will take place in the school playground and on local roads near to the school. A risk assessment of the training areas will be completed before the start of the course.

The Bikeability training course is designed for children who can already ride a bicycle. If your child cannot ride a bicycle please contact The Canterbury Bike Project for information on how they can help.

For more information about Bikeability, please visit <https://bikeability.org.uk/faqs/>

If you wish for your child to take part please complete the consent form and return it to school:

Privacy and data security: At the Canterbury Bike Project we are committed to protecting and respecting your privacy. Our privacy policy explains when and why we collect personal information, how we use it, the conditions under which we may disclose it to others and how we keep it secure. Read our privacy policy here: <https://www.canterbury.kent.sch.uk/information/policies/>

Training will go ahead in all weathers unless the instructors feel it is unsafe to train. As weather conditions can change rapidly a decision to postpone the training may, on rare occasions, be made at very short notice. Should training be postponed it will be rearranged as soon as possible and you will be notified by the school.

Please make sure your child has appropriate clothing for the weather conditions.

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Bikeability Cycle Training: Consent Form

Please read and fully complete this form and return it to your child's class teacher by

WEDNESDAY 23RD OCTOBER

Child's name			
Address		Postcode	
School	Hampton Primary School	Date of Birth	
Gender		Year Group	6
Medical information			
Your name and relationship to child			
Emergency contact number		Ethnicity	

My child will bring their bike into school every session it is needed for.

OR

My child will need to borrow a bike from The Canterbury Bike Project

AND

I confirm that my child will bring in their own helmet every day.

OR

My child will need to borrow a helmet, which will be sanitised before and after use, by the course leaders. **PTO**

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I am the parent or legal guardian of the above child and I give my consent for them to participate in the Bikeability cycle training provided at their school.

I understand that:

1. Some of the training will take place in public spaces and on roads.
2. Completion of training does not mean, that it is safe for my child to cycle in all conditions. To become a proficient cyclist takes practise of the Bikeability outcomes.
3. The instructor may, at any time, refuse to train my child if their behaviour or competence is deemed to be unsuitable. Please inform us of any issue or medical condition that may be relevant to us coaching your child.

If you are happy for your child to be photographed and/or filmed to help promote Bikeability, **please tick here**

I confirm that I have read all the information enclosed and in the 'Parental Consent Form' and consent to my child (or the above child for whom I take responsibility) to take cycling lessons and related activities, which may include cycle maintenance as well as riding on the public highway.

I understand that this information is retained by my child's school/The Canterbury Bike Project and used to ensure my child is eligible to undertake Bikeability training.

..... Signed Parent/CarerDate

