



Friday 27th March 2026

Dear Parents and Carers

We have been informed this morning that a child at Hampton is currently being treated for viral meningitis. I understand that this news may be concerning however, I would like to reassure you that viral meningitis rarely spreads from child to child within a school setting. The UK Health Security Agency (UKHSA) advises that there is no need to make any changes to your child's usual routine, and children should continue to attend school as normal.

It is important to understand that viral meningitis is the most common and least serious type of meningitis. It usually improves on its own without causing long-term problems, and most people recover fully within 7 to 10 days. This is different from bacterial meningitis, which is more serious and requires urgent medical treatment.

The risk of someone with viral meningitis spreading the infection to others is low. However, it is sensible to be aware of possible signs and symptoms, even if your child is up to date with their vaccinations, as vaccines do not protect against all causes. These can include:

- a high temperature (fever)
- vomiting
- headache
- a rash that does not fade when pressed (though a rash is not always present)
- a stiff neck
- sensitivity to light
- drowsiness or difficulty waking
- seizures (fits)

Please note that these symptoms can appear in any order and not all will necessarily be present.

We have been advised by the Health Authority that, as this is an isolated case of viral meningitis, no further action is required. However, we value open communication with our families and wanted to share this information to provide reassurance and clarity.

As always, the wellbeing of our school community remains our priority. We will continue to work closely with our families to ensure everyone feels safe and supported, and we wish the child a speedy recovery.

Thank you for your continued support and understanding.

Kind regards
Ms Y Nunn

